

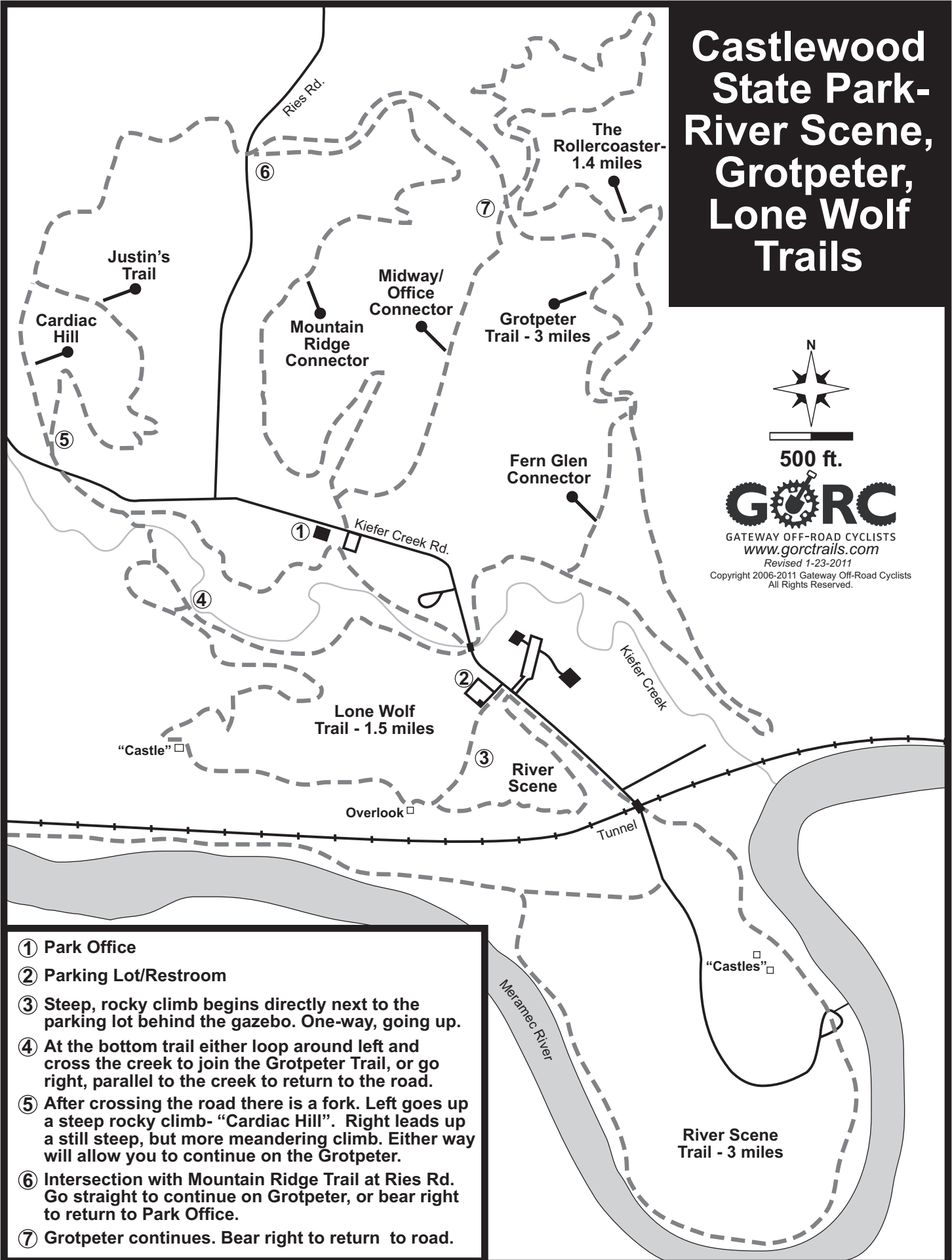
- ① After passing a small tunnel under the railroad tracks to the right, continue straight. There is a narrow section of trail squeezed between the river and railroad tracks. (Currently Off-Limits.)
- ② Entrance to Cedar Bluff Trail. To reach the trail, go through the tunnel under railroad tracks.
- ③ At the top of the triple switchback, there is a wooden bench. Bear right, and continue down the trail.
- ④ Junction with Al Foster Trail, a wide crushed limestone surface trail. If riding counter-clockwise, turn left to continue on Stinging Nettle.

# Castlewood State Park- Stinging Nettle, Cedar Bluff Trails



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# Castlewood State Park- River Scene, Grotpeter, Lone Wolf Trails



# Castlewood State Park- Overview

In addition to mountain bikers, this park is heavily used by hikers and equestrians. Always yield to them. It is very busy on weekends, so be alert.

The lower trails along the river frequently flood when the river is high. These trails also become very muddy after rain. The higher ones- Grotspeter and Lone Wolf are rockier, and dry more quickly.

The Cedar Bluff and Mountain Ridge Trails have several problem spots when wet, so it's probably best to give them some additional time to dry out.

The trails indicated here are the only ones open to bikes.

Please use your judgment about riding these trails when they are wet.

